

## The Language of Love – given to Michelle Tonkin by God 2016



I happened upon an article which turned out to be an infomercial of how one woman turned her husband from desiring pornography to desiring her. She researched, went to a sex therapist, college professor etc and came to the conclusion that what was missing from her and her husband's love life was "dirty talk."

She began to use what she discovered and found that it turned the switch ON in her husband's brain. While I don't agree with the method she used to connect with her husband, there is a REASON why I believe it worked.

This REASON was revealed to me from the Holy Spirit. Men and women are emotional creatures and we need our emotional tanks filled in order to feel LOVED. Everyone has a different LOVE language as Gary Chapman Ph.D talks about in his book "The Five Love Languages."

However, I believe that a fundamental core reality for men and women is VALIDATION AND APPRECIATION.

We can see this reality in the locker room, in school, in friendships, and relationships. Men and women alike want to feel Validated, that they have a purpose, that they are appreciated, wanted, desired, that they ARE LOVED!

I think the reason why PORN is so huge is that men and women get this sense of VALIDATION and APPRECIATION without having to put themselves out there. There is no risk involved. Which is essential if they do not want to RISK REJECTION. Which is HUGE!

**MEN & WOMEN ALIKE HATE REJECTION and what is the opposite of REJECTION-VALIDATION!**

Men and Women in marriages with their spouses, can even find this to be the case. As sadly, even married couples struggle with the PORN addiction that has taken its toll on so many marriages.

I believe the reason why this happens is because in a long term marriage, life can get busy, hectic, and there is less time to focus on each other. So inevitably VALIDATION is weakened, which means they will go to look for it in other ways. And the easiest way in this day and age is PORN.

### **So, what is the solution?**

I believe we have to be aware of the devil's schemes and understand that this is a matter of the heart. Women and men should ask the Lord to show them ways or what to say to show their husband or wife that they are VALIDATED. That they are appreciated, have worth, are loved, wanted etc...

And MEN and WOMEN have to recognize that they have this need for Validation and instead of denying that they have a need- understand that PORN is not the answer to fulfill it. Instead they need to look for Validation and Love through God, their family, friends and through fulfilling their purpose.

**PURPOSE is a HUGE ONE!**

WE all have a PURPOSE and we need to ask God through the Holy Spirit to reveal it to us, if we don't already know what it is and start LIVING out our God-given PURPOSE and DESTINIES.

Also there may be those who never had a father figure growing up or didn't have a good relationship with their dad. For these, studying the word of God and coming to understand who Jesus is to you, will help you to understand God's love to you. When you understand how God the Father sees you and loves you, then the chains of insecurity, rejection, fear, failure etc all will break.

You need to know the TRUTH, and the TRUTH will set you free. Jesus says in John 14:6 - that He is the way, the TRUTH, and the LIFE.

So, if you don't know Jesus then you don't have TRUTH and if you don't know TRUTH you are stuck in the LIE.

I encourage those who don't know the Lord to get a hold of a Bible and start reading the book of John in the New Testament, asking the Lord to reveal Himself to you. God will reveal Himself to you and you will see that all the so called "pleasures" that this world has to offer you are just distractions and blinders meant to keep you in darkness and from not finding the truth.

God desires for you to know Him and in knowing Him and His Son, Jesus you will find the TRUE love and acceptance that you have been looking for.

*"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened." Matthew 7:7-8*

To the Journey,

Michelle